

## Arugula: The Versatile Green



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[Tozer's](#) arugula breeding program began in the late 1990s and triumphed in 2004 with the introduction of Voyager. Tozer has continued to release improved arugula types with better agronomic, post-harvest and consumer appeal characteristics. The latest varieties have improved mildew tolerance, reduced bolting, better vigor and extended shelf life.

Read about our varieties below.

### Voyager

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Voyager was the first wild type to be commercially replicated. It is more vigorous, uniform, and upright than standard varieties. It is slow bolting with dark-green, thick leaves.



### Red Dragon\*

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Red Dragon is a completely new wild variety with striking red leaf veins and a great spicy wild rock flavor.



## Wildfire®

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This variety was bred to be distinctive both in its flavor profile and its leaf shape. The flavor is hot and peppery, and the leaves are less uniform than standard wild rocket, giving this variety a more wild appearance.



## Fireworks

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This unique salad rocket variety has an exceptional pungent flavor very similar to wild rocket. The leaves develop an attractive distinct red vein during hot, dry growing conditions.



## Surrey

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This fantastic vigorous salad rocket has a refined heavily serrated leaf shape. It has a great spicy flavor and extreme bolting tolerance. It is fast to establish even on cold soils.



## Apollo TZ 4194

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Apollo is a new mildew tolerant, wild variety that delivers a similar vigor to Voyager with good uniformity. It has a good color and upright habit.



## Athena TZ 1441

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Athena trials show significantly reduced levels of mildew in the field compared to standard wild rocket varieties. The mildew tolerance makes it ideal for main season and autumn productions.



## Aphrodite TZ 3191

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Aphrodite is a new mildew tolerant wild type. It has a similar speed to Voyager and good leaf shape.



## Ares TZ 1138

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Ares is a new mildew tolerant wild variety. It is slow bolting with decent growing speed. This variety has a similar leaf shape to Voyager with a stronger color.



[Click Here to Learn More About Arugula Varieties](#)

## Breeder Spotlight: Dr. Jamie Claxton

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Jamie graduated from the University of Nottingham in 1992 with a degree in Plant Science before spending three years at the University of Bath completing his PhD in Plant Pathology. He is currently the Director of Plant Breeding at Tozer, having worked with us as a breeder for the last 20 years. **Jamie's main breeding programs are arugula, cilantro, kale, Kalettes, leeks, pumpkins, squash and runner beans.**

Jamie lives in Woking, Surrey, UK with his wife Samantha, two kids Harry and Isabelle, cat Buster and bearded dragon George! In his free time, Jamie enjoys an eclectic mix of hiking, roller coasters, good beer (his wife works in brewing) and of course, indulging his passion for plants!

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## Arugula Salad with Walnuts, Blue Cheese, and Cranberries

Servings: 2    Prep Time: 10 minutes

### Ingredients

1/4 cup chopped walnuts  
1/4 cup blue cheese crumbled  
1/4 cup dried cranberries  
4 cups arugula

### Dressing

1 tablespoon red wine vinegar  
1 tablespoon sherry wine vinegar  
1 teaspoon dijon mustard  
1/4 cup extra-virgin olive oil

### Instructions

Put all ingredients for the dressing in a bowl and mix until the mixture has emulsified. Place arugula in a mixing bowl and pour the dressing mixture down the side of the bowl. Gently toss. Divide arugula into two separate plates and top with remaining ingredients - walnuts, blue cheese, and cranberries.

See full recipe here: <https://www.pickledplum.com/arugula-salad-healthy-recipe/>